



- New Foods
- New Minimum Inventory
- New Checks
- New WIC Participant Identification and, of course, new procedures!

Food Package Beginnings...1974



The WIC food packages were designed to supplement participants' diets with foods rich in five target nutrients known to be lacking in the diets of the WIC target population — vitamins A and C, calcium, iron and protein.

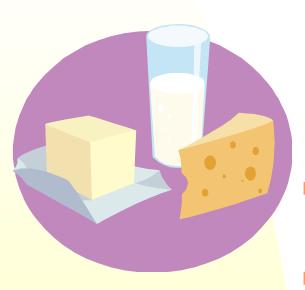
# Why Revise the WIC Food Packages?

Changes have occurred in the major health and nutrition risks faced by WIC's target population, including:



- diets lacking in whole grains and fruit and vegetables
- short duration of breastfeeding
- overweight and obesity





#### A New Food Package –

To better meet the nutritional needs of WIC participants

- Align with 2005 Dietary Guidelines for Americans
- Align with infant feeding practice guidelines of the American Academy of Pediatrics

#### NEW FOODS -

- Fruits and vegetables [fresh, frozen, canned]
- Breads [whole grain and whole wheat]
- Baby foods
- Tofu
- Brown Rice
- Tortillas [whole wheat or soft corn]
- Canned salmon
- Canned sardines
- Soy milk

**NEW MINIMUM INVENTORY:** 

# "WHAT FOODS AND HOW MANY"?

#### MILK MINIMUM INVENTORY:

#### Least expensive brand

#### 2%, 1%, Skim Milk

- 6 gallons of any combination of 2%,1%, and/or skim milk AND
- 6 half-gallons of any combination of 2%,1% and/or skim milk

### **PLUS**

#### **Whole Milk**

- 2 gallons of whole milk <u>AND</u>
- 2 half-gallons of whole milk



WIC CHECKS WILL SPECIFY: 2%, 1%, Skim OR WIC CHECKS WILL SPECIFY: Whole

# EVAPORATED MILK MINIMUM INVENTORY: 12 CANS OF EVAPORATED MILK

- 12 oz cans only
- Least expensive brand at the time of the purchase
- Any combination of Whole (Homogenized, Vitamin D added), Lowfat-2% or Fat Free (Skim)



WIC CHECKS WILL SPECIFY: Lowfat, 2%, Fat Free

**WIC CHECKS** WILL SPECIFY: Whole





# LARGE EGGS MINIMUM INVENTORY:

#### 4 cartons

- Packaged in one dozen cartons
- Can be white OR brown
- Least expensive brand at the time of the purchase between white or brown.



# FLUID JUICE MINIMUM INVENTORY:

- 12 plastic bottles- 64 oz containers
- 100% juice
- 120% Vitamin C

Note: 46 oz canned juice will not be required after October 1st.

Until January 1st, if you stock them, these may be given to participants with green checks.

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# JUICE - 64 OZ PLASTIC BOTTLE LEAST EXPENSIVE BRAND AT THE TIME OF THE PURCHASE STATE APPROVED BRANDS:

#### **100% Apple Juice**

America's Choice

Big Y

**HY-TOP** 

IGA

Juicy Juice

Mott's

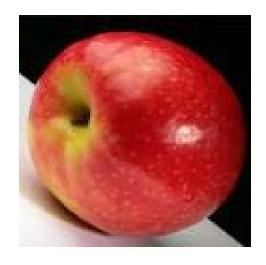
Shaw's

Shurfine

Stop & Shop

**Tipton Grove** 

White Rose



Some products labeled "Natural" do not have 120% vitamin C and are not approved for purchase with WIC checks

# JUICE - 64 OZ PLASTIC BOTTLE LEAST EXPENSIVE BRAND AT THE TIME OF THE PURCHASE STATE APPROVED BRANDS:

#### 100% White Grape Juice

America's Choice

**HY-TOP** 

IGA

Juicy Juice

Shurfine

ShopRite

Stop & Shop

Welch's

White Rose



JUICE - 64 OZ PLASTIC BOTTLE
LEAST EXPENSIVE BRAND AT THE TIME OF THE PURCHASE
STATE APPROVED BRANDS:

#### 100% Purple Grape Juice

America's Choice

**HY-TOP** 

**IGA** 

Juicy Juice

Krasdale

Shaw's

**ShopRite** 

Shurfine

Stop & Shop

Welch's

White Rose

# JUICE - 64 OZ PLASTIC BOTTLE LEAST EXPENSIVE BRAND AT THE TIME OF THE PURCHASE STATE APPROVED BRANDS:

#### 100% Juice - Juice Blends

Big Y - Juice-A-Lot

IGA - Grape, Fruit Punch, Berry and Cherry

Nestle - Juicy Juice (all flavors)

Price Chopper - Totally Juice (all flavors)

Shaw's - Punch, Berry, Cherry

Stop & Shop - Simply Juice (all flavors)



# JUICE - 64 OZ PLASTIC BOTTLE STATE APPROVED BRANDS: 100% Pineapple Juice

Shaw's

JUICE - 64 OZ PLASTIC BOTTLE LEAST EXPENSIVE BRAND AT THE TIME OF THE PURCHASE



# STATE APPROVED BRANDS: 00% Juice Granefruit – White or

100% Juice Grapefruit – White or Pink/Blends

- HY-TOP
- IGA
- Shurfine
- Stop & Shop
- White Rose





# FLUID ORANGE JUICE IS STILL ALLOWED

- Gallons = 128 oz of fluid juice
- Half Gallons = 64 oz of fluid juice
- Plastic containers only, no cartons

**Frozen Juice** 



- 12 cans of frozen or non-frozen/ shelf-stable concentrate
- 11.5 12 oz cans
- 100% juice
- 120% Vitamin C





# JUICE – 12 OZ FROZEN CONCENTRATE LEAST EXPENSIVE BRAND AT THE TIME OF THE PURCHASE STATE APPROVED BRANDS:

#### 100% Apple Juice

Best Yet
HY-TOP
IGA
Seneca
Shaw's
ShopRite
Shurfine
Sunrise Valley



JUICE – 12 OZ FROZEN CONCENTRATE
LEAST EXPENSIVE BRAND AT THE TIME OF THE PURCHASE
STATE APPROVED BRANDS:

#### 100% Grape Juice

**Old Orchard** 

Seneca

Shaw's

ShopRite

Sunrise Valley

Welch's (White and Purple)



#### CONCENTRATED JUICE ITEMS STILL ALLOWED

- 100% Frozen Grapefruit- least expensive brand
- 100% Frozen Orange- least expensive brand
- 100% Juice Mixtures Dole (all flavors), Welch's (White Grape Cranberry, White Grape Peach, White Grape Pear, White Grape Raspberry)
- 100% Pineapple Juice- Dole, Old Orchard
- Welch's 100% Juice Pourable-all flavors
- Juicy Juice 100% Juice all flavors

# Connecticut New Food Package 2009 FRUITS MINIMUM INVENTORY:

\$25 total of fruits (at retail prices)

Minimum of two varieties of fruit

At least one variety of fruit must be fresh



# Connecticut New Food Package 2009 FRUITS – continued

#### Fresh Fruits

- ★ Any variety
- May be sold by the piece, by the package or by the pound

#### Frozen Fruits (any variety)

- Without added sugars or syrup
- May be sold as "mixed" fruit

#### Canned Fruits (any variety)

- ★ Without added sugars, syrup, fats, oils, or salt
- May be packed in juice or water
- ★ 14 16 oz. metal cans only

# Connecticut New Food Package 2009 VEGETABLES MINIMUM INVENTORY:

- \$25 total of vegetables (at retail prices)
- Minimum of two varieties of vegetables
- At least one variety of vegetables must be fresh



#### Fresh Vegetables

- Any variety EXCEPT POTATOES (Orange yams and sweet potatoes are allowed)
- May be sold by the piece, package, or by the pound
- Can be sold whole or cut

#### **VEGETABLES – continued**

Frozen Vegetables (any variety EXCEPT POTATOES or items with potato)

- Without added sugars, fats, oils
- May be regular or lower in sodium
- May be sold as "mixed" vegetables, but must not contain potatoes
- Must not be packed with sauce



#### **VEGETABLES – continued**

#### **Canned Vegetables**

Any variety except potatoes or items with potato

- ★ Without added sugars, syrup, fats, oils
- ⋆ May be regular or lower in sodium
- ★ 14-16 oz. metal cans only

### Connecticut New Food Package 2009 FRUIT AND VEGETABLE NO-NO'S

Not to be Sold Using Fruit & Vegetable Checks

- herbs or spices
- fruit leathers
- fruit roll-ups
- salad bar purchases
- franks & beans
- decorative items
- fruit baskets
- products on a string
- breaded vegetables
- edible blossoms of flowers
- vegetable and/or fruit trays
- vegetable-grain (pasta or rice) mixtures canned beans (legumes)
- soups

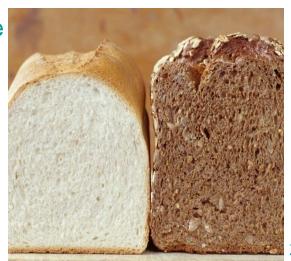
- garlic
- dry beans and peas
- products in jars
- products in pouches
- baked beans
- peanuts
- fruit & nut mixtures
- baked goods
- condiments
- pickled vegetables
- olives
- items with dip or dressing

# WHOLE WHEAT OR WHOLE GRAIN BREAD MINIMUM INVENTORY:

6 loaves (16 oz./1lb.)

#### STATE APPROVED BRANDS: Least expensive brand at the time of the purchase

- Arnold 100% Stoneground Whole Wheat
- Gold Medal 100% Wheat with Flax
- Pepperidge Farm Stoneground 100% Whole Wheat
- Pepperidge Farm Very Thin Sliced Soft 100% Whole
- Shaw's No-Salt Added 100% Whole Wheat
- ShopRite 100% Whole Wheat
- Stop & Shop No-Salt Added 100% Whole Wheat
- Weight Watchers Whole Wheat
- Wonder Soft 100% Whole Wheat
- Pepperidge Farm Whole Grain Seeded Rye
- Weight Watchers Multi Grain



# Connecticut New Food Package 2009 HOT CEREAL MINIMUM INVENTORY:

(1 variety, 2 boxes of that variety)

#### **STATE APPROVED BRANDS:**

Cream of Wheat	t 1 minute	28 ounce box
Cream of Wheat	t 1 minute	14 ounce box
Cream of Wheat	t 10 minute	28 ounce box
Cream of Wheat	t 10 minute	14 ounce box
Cream of Wheat	2 ½ minute	28 ounce box
Cream of Wheat	2 ½ minute	14 ounce box
Whole Grain Cre	eam of Wheat	18 ounce box
Maltex		20 ounce box
Malt-O-Meal Ori	ginal Hot Wheat Cereal	18 oz box
Mayno – Vermo	nt Style	19 ounce box

### **COLD CEREAL (MINIMUM INVENTORY):**

- 3 varieties, 3 boxes of each variety
- 14 ounces or larger, bags or boxes







# Connecticut New Food Package 2009 COLD CEREAL (continued) STATE APPROVED BRANDS:

#### Wheat Flakes - Least expensive brand at the time of the purchase

Kellogg's All Bran Complete Wheat Flakes	17.3 oz
Shurfine Wheat Bran	17.3 oz
General Mills Total	16.0 oz

#### Bran Flakes - Least expensive brand at the time of the purchase

Best Yet	Bran Flakes	17.3 oz
<ul><li>Big Y</li></ul>	Bran Flakes	17.3 oz
<ul><li>HY-TOP</li></ul>	Bran Flakes	20 oz
<ul><li>IGA</li></ul>	Bran Flakes	17.3 oz
Shaw's	Bran Flakes	17.3 oz
<ul><li>ShopRite</li></ul>	Bran Flakes	17.3 oz
Stop & Shop	Bran Flakes	17.3 oz
<ul><li>Post</li></ul>	Bran Flakes	17.3 oz

# Connecticut New Food Package 2009 COLD CEREAL (continued) STATE APPROVED BRANDS:

Corn Squares -	Least expensive	brand at the tim	ne of the purchase
-	-		-

Best Yet	Corn Biscuits	18.0 oz
IGA Square Shaped	Corn Biscuits	16.0 oz
<ul><li>General Mills</li></ul>	Corn Chex	14.0 oz
ShopRite	Corn Biscuits	16.0 oz
Shaw's Crunchy	Corn Squares	16.0 oz
Shurfine	Corn Squares	14.0 oz
Stop & Shop	Corn Squares	14.0 oz
KIX		

Kix

**General Mills** 

18.0 oz

### Connecticut New Food Package 2009 **COLD CEREAL (continued)** STATE APPROVED BRANDS:

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Crisp Rice - Least expensive brand at the time of the purchase		
Great Value	Crispy Rice	18.0 oz
IGA Square Shaped	Crispy Rice Biscuits	15.6 oz
Malt-O-Meal	Crispy Rice	18.0 oz
Grape Nut Flakes		
Post	Grape Nut Flakes	14.0 oz
Post	Grape Nut Flakes	18.0 oz
Rice Flakes		
Kellogg's	Special K	18.0 oz

# COLD CEREAL (continued) STATE APPROVED BRANDS:

Frosted Shredded Wheat - Least expensive brand at the time of the purchase
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•	Best Yet	Frosted Shredded Wheat	18.0 oz
	Big Y	Frosted Shredded Wheat	19.0 oz
•	Hy-Top	Frosted Shredded Wheat Bite Size	19.0 oz
•	IGA	Frosted Shredded Wheat	19.0 oz
	Kellogg's	Frosted Mini-Wheats Big Bite	16.0 oz
•	Kellogg's	Frosted Mini Wheats Big Bite	20.4 oz
	Kellogg's	Frosted Mini Wheats Bite Size	18.0 oz
•	Kellogg's	Frosted Mini Wheats Bite Size	24.0 oz
•	Malt-O-Meal	Frosted Mini Spooners	18.0 oz
•	Price Chopper	Frosted Shredded Wheat	18.0 oz
•	Shaw's	Frosted Shredded Wheat	18.0 oz
•	ShopRite	Frosted Shredded Wheat	18.0 oz
•	Stop & Shop	Frosted Shredded Wheat	18.0 oz

**Unfrosted Shredded Wheat** 

Kellogg's Unfrosted Mini Wheats 18.0 oz

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# COLD CEREAL (continued) STATE APPROVED BRANDS:

#### Corn Flakes - Least expensive brand at the time of the purchase

America's Choice	Corn Flakes	18.0 oz
Best Yet	Corn Flakes	18.0 oz
<ul><li>Big Y</li></ul>	Corn Flakes	18.0 oz
<ul><li>Great Value</li></ul>	Corn Flakes	18.0 oz
<ul><li>HY-TOP</li></ul>	Corn Flakes	18.0 oz
<ul><li>IGA</li></ul>	Corn Flakes	18.0 oz
Kellogg's	Corn Flakes	18.0 oz
<ul><li>Krasdale</li></ul>	Corn Flakes	18.0 oz
Price Chopper	Corn Flakes	18.0 oz
Shaw's	Corn Flakes	18.0 oz
ShopRite	Corn Flakes	18.0 oz
Shurfine	Corn Flakes	18.0 oz
Stop & Shop	Corn Flakes	18.0 oz
White Rose	Corn Flakes	18.0 oz

## Connecticut New Food Package 2009 COLD CEREAL (continued) STATE APPROVED BRANDS:

•	Quaker	Oat Bran	15.5 oz
	Oat Squares Quaker Quaker	Quaker Oat Life Quaker Oat Life	15.0 oz 21.0 oz
	Oat s & Flakes - Le	east expensive brand at the time of the p	<u>urchase</u>
	Best Yet	Honey, Oats & Flakes	16.0 oz
•	IGA	Honey Oats & Flakes	16.0 oz
	Malt-O-Meal	Honey & Oat Blenders	18.0 oz
•	Shaw's	Honey, Oats & Flakes	16.0 oz
•	Shurfine	Oats & More	16.0 oz
•	Stop & Shop	Honey Crunchin' Oats with Honey	16.0 oz

Oat Bran

# Connecticut New Food Package 2009 COLD CEREAL – (continued) STATE APPROVED BRANDS:

	Toasted Oats -	Plain - Least expensive brand at the time of the purch	ase
	Best Yet	Toasted Oats 15.0 oz	
	Big Y	Toasted Oats 15.0 oz	
	General Mills	Cheerios 14.0 oz	
•	General Mills	Cheerios 18.0 oz	
•	HY-TOP	Toasted Oats 18.0 oz	
	IGA	Toasted Oats 15.0 oz	
	Krasdale	Toasted Oats 14.0 oz	
	Price Chopper	Toasted Oats 15.0 oz	
	Shaw's	Toasted Oats 15.0 oz	
	ShopRite	Toasted Oats 15.0 oz	
	Shurfine	Toasted Oats 15.0 oz	
	Stop & Shop	Oats & O's 15.0 oz	
	White Rose	Toasted Oats 15.0 oz	38



## PEANUT BUTTER MINIMUM INVENTORY:

- 3 jars
- 18 ounce jars only
- Least expensive brand at the time of the purchase

# Connecticut New Food Package 2009 BABY FOOD - FRUITS MINIMUM INVENTORY:

#### **BEECH-NUT BRAND ONLY**

36 jars of baby food fruits

At least 2 varieties

- 4 ounce jars, Stage 2 only
- Applesauce
- Bananas
- Pears



## Connecticut New Food Package 2009 BABY FOOD – VEGETABLES MINIMUM INVENTORY:

#### **BEECH-NUT BRAND ONLY**

36 jars of baby food vegetables

#### At least 2 varieties

- 4 ounce jars, Stage 2 only
- Butternut Squash
- Tender Golden Sweet Potatoes
- Tender Sweet Carrots
- Tender Sweet Peas
- Tender Young Green Beans





## INFANT CEREAL MINIMUM INVENTORY:

#### **BEECH-NUT BRAND ONLY**

- 8 ounce cartons
- 2 varieties, 3 cartons of each variety
- Rice
- Multigrain
- Oatmeal
- Barley

Without added fruit, crisps, formula, or DHA



#### MINIMUM INVENTORY REMAINS THE SAME FOR:

- Tuna 6 cans (5 oz)
  - Chunk Light in Water
- Cheese 2 varieties and 2 pounds of each variety
  - Up to 16 oz packages and/or Deli American
  - American, Cheddar, Colby, Monterey Jack, Mozzarella, Muenster
- Legumes- 2 varieties and 2 pounds of each variety
  - Peas, Beans, Lentils
- Good Start Gentle Plus (formerly Good Start Supreme DHA & ARA) 24 cans of concentrate (13 oz) AND 12 cans of powder (12 oz)

Not Required for Minimum Inventory,

But, May Be Printed on a WIC Check

## Connecticut New Food Package 2009 TOFU

Tofu: "A protein-rich food made from soybeans"

- Nasoya brand ONLY
- Plain
- 14-16 oz packages
- Cubed, Super Firm, Firm, Lite Firm, Lite Silken, Silken, Soft



### SOY MILK

- 8<sup>th</sup> Continent brand only
- Original only
- 64 ounce (half gallon) cartons



#### LACTOSE FREE/LACTOSE REDUCED MILK

- Lactose Free Milk
  - Whole, 2%/Reduced Fat, 1%/Lowfat, and/or Skim/Fat Free
  - Least expensive brand at the time of purchase
- Lactose Reduced Milk
  - ♦ Whole, 2%/Reduced Fat, 1%/Lowfat, and/or Skim/Fat Free
  - ◆ Least expensive brand at the time of purchase

WIC CHECKS WILL SPECIFY: 2%, 1%, Skim OR WIC CHECKS WILL SPECIFY: Whole



#### **BROWN RICE**



14 - 16 OUNCE BAGS OR BOXES ONLY

#### State Approved brands:

- America's Choice Long Grain Brown Rice
- Best Yet Long Grain Brown Rice
- Save-A-Lot Brown Rice
- Shurfine Brown Rice
- Stop & Shop Boil-in-Bag Brown Rice
- Stop & Shop Instant Brown Rice
- Uncle Ben's Natural Whole Grain Brown Rice
- White Rose Brown Rice



#### **TORTILLAS**

- Whole wheat or soft corn only
- 16 oz (1 lb) package only
- CT WIC-Approved brands:
  - ▶Big Y 100% Whole Wheat Tortillas
  - LaFe Whole Wheat Tortillas
  - Chi-Chi's Whole Wheat Tortillas
  - Don Pancho Whole Wheat Tortillas
  - Don Pancho White Corn Tortillas

#### **CANNED SALMON**

- Can sizes must be 6 or 7.5 ounces
- Must be packed in water
- May be regular or lower in sodium
- Least expensive brand at the time of purchase



#### **CANNED SARDINES**

- Can size must be 3.75 ounces
- Must be packed in water
- May be regular or lower in sodium
- Least expensive brand a the time of purchase





#### **BABY FOOD - MEAT**

**Beech-Nut Brand only** 

- 2.5 ounce jars, Stage 1 only
- Beef & Beef Broth
- Chicken & Chicken Broth
- Turkey & Turkey Broth

## Connecticut New Food Package 2009 New Checks for New Food Packages

- Checks for new food packages will be red.
- You will still see green checks only until January 1, 2010, but they will be fewer each month.
- Green checks will not have any of the new food items.
- Accept both checks between October 2009 and January 2010.

#### Current check

#### New check

CONNECTICUT DEP FOR WOMEN, INFA	ARTMENT OF PI	IBLIC HEALTH: SPECIAL REN (WIC PROGRAM) 4	SUPPLEMENTAL NUTRITION PROGRAM 64-19 10 Capitol Avenue, Hartford, CT 06106 1-800-741-2142	68 /611	35432193				SUPPLEMENTAL NUTRITION PROGRAM O Capitol Avenue, Hartford CT 06106 1-800-74	64-1968 /611 11-2142	XXXXXXXX
SEQUENCE NO.	FAMILY	WIC ID	PAYEE NAME	SITE	FIRST DAY TO USE	SEQUENCE NO.	FAMILY	WIC ID	PAYEE NAME	SITE	FIRST DAY TO USE
35432193	123456	012-0123456	WIC, PARTICIPANT	012	07/01/09						
		LAST DAY TO USE		THE ORDER OF: ZED WIG VENDOR	2 Calla	2 Calleng mills 20/ 10/ Claim					
	MPED HERE:	I Gal	llon Milk	08/01/09		MPED HERE:		2 Gallons milk: 2%, 1%, Skim			
		1 Do	1 Dozen Eggs 36 ounces of WIC approved cereal					1 Dozei	1 Dozen Eggs 36 ounces of WIC approved cereal		
								36 ounc			
		30 00	mees of wie approved eer	AMOUNT OF SALE		16 oz (1 lb) package: WIC-approved brea			ved bread	ENGINE SAL	
NOT VALID I	UNLESS STAMPED						t .	OR who	ole wheat or soft corn torti	illas	
	UNLESS STAMPED						DEPOSIT WITHIN		IMPROPER USE OF THIS CHECK IS SI	UBJECT TO STATE AND FED	ERAL PROSECUTION
VENDOR MUST I	DEPOSIT WITHI DAY TO USE* D	ATE -	IMPROPER USE OF THIS CHECK IS SUBJECT TO S				OMMUNITY BA		PARTICIPANT OR AUTHORIZED PROXY	NOT NE	GOTIABLE UNLESS SIGNED
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			. 3500351	DATE		"XXXXXX	XXXIII III	061119684	12 2500 25411		

# Connecticut New Food Package 2009 Fruit and Vegetable Check

- Will specify a set maximum dollar amount for fruits and vegetables.
- Dollar values are \$4.00, \$5.00, or \$6.00
- Fruit and vegetables checks can be used together for one purchase.

WOMEN, INFAI	FAMILY	_	WIC ID	410 Capito	PAYEE NAME	11-2142 SITE	FIRST DAY TO USE
PAY TO THE ORDER OF: AUTHORIZED WIC VENDOR STAMPED HERE:			PACKAGE: Up (r.	ACTUAL \$ AMOUNT OF SALE			
VENDOR MUST	DEPOSIT WITHIN 6	0 DAY	S		IMPROPER USE OF THIS CHECK IS S	UBJECT TO STATE AND FEDI	ERAL PROSECUTION
UNITED C	DAY TO USE" DA OMMUNITY BAN Marietta, GA	NO. PERSON	SIGNATURE O	PARTICIPA	INT OR AUTHORIZED PROXY	NOT NE	GOTIABLE UNLESS SIGNI
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#### FRUIT AND VEGETABLE CHECK PROCEDURES

If a participant's purchase is less than the maximum value, the vendor must record the exact amount on the check and must not give cash or change to the customer for the difference.

Example:

WIC check value = \$5.00

Purchase of grapes = \$4.50

Amount entered on check = \$4.50

Amount due back to customer = no change is given

#### FRUIT AND VEGETABLE CHECK PROCEDURES

If a participant's purchase is more than the maximum value on the check, the vendor must write the maximum amount on the check, but the participant may pay the difference in any tender accepted by the vendor. Example:

WIC check value = \$5.00

Purchase of grapes and broccoli = \$7.50

Amount entered on check = \$5.00

Amount due from customer = \$2.50
(Can be in cash, EBT, debit/credit card, personal check)

FRUIT AND VEGETABLE CHECKS - Additional examples:

WIC check value = \$4.00

Purchase of 1 plantain + 2 avocados = \$3.00

Amount entered on check = \$3.00

Amount due back to customer = no change is given

(Participants can go back to get more items to be closer to the value of the check)

WIC check value = \$5.00

Purchase of 3 cans of carrots + 2 bags of frozen blueberries = \$5.68

Amount entered on check = \$5.00

Amount due from customer = collect 68¢

#### FRUIT AND VEGETABLE CHECKS - Additional examples:

WIC check value = \$6.00

Purchase of 1 squash + 2 frozen boxes of spinach + 1 bag of tangerines = \$9.88

Amount entered on check = \$6.00

Amount due from customer = collect \$3.88

Participant can decide not to purchase some of these items to bring the price at or below \$6

Purchase of 1 box of clementines + 3 cans of green beans + 1 pineapple = \$15.50

WIC check value of  $1^{st}$  check = \$6.00

**AND** 

WIC check value of  $2^{nd}$  check = \$4.00

Amount entered on 1st check = \$6.00

Amount entered on  $2^{nd}$  check = \$4.00

Additional amount due from customer = collect \$5.50

Payment can be made with more than one WIC check per purchase and can be made with any tender that the vendor accepts (cash, EBT, debit/credit card, etc.)

- You may need to stock some of the products from the old food packages (2009 green check) until January of 2010, like Gerber Infant Cereal
- Reminder: Nestle Good Start Supreme DHA & ARA is now called Nestle Good Start Gentle Plus
- Sell least expensive brand at the time of purchase (may involve sale price, store savings card, coupons, etc.)
- Share the information that you learned today with all store managers, clerks, and helpers
- Help improve our participant's health by giving exactly what the WIC program provides on the checks

## Connecticut New Food Package 2009 NEW PARTICIPANT ID FOLDER

BRING THIS PARTICIPANT BOOKLET FOR <u>ALL</u> VISITS TO THE WIC OFFICE AND THE GROCERY STORE.

GROCERY STORE. Family ID number				
Local Agency Code				
The signatures below must ag	gree with the signa	atures on the W	IC checks.	
Payee's Name (Please Print)		-		
Payee's Signature		-		
Caretaker's Name (Please Pri	int)	-		
Caretaker's Signature		-		
Alternate's Name (Please Pri	nt)	-		
Alternate's Signature Your Local Office is:		<del>-</del>		

Thank you for helping to improve the health of Connecticut's WIC participants.

If you have any questions, please contact the State WIC Program at:

(860) 509-8084 or (800) 741-2142 ctwic@ct.gov

This information will also be available on our website under "For Vendors": www.ct.gov/dph/wic